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## IN VITRO ANTICANCER ACTIVITY OF *Gmelina asiatica* L. LEAF AGAINST HUMAN BREAST CANCER CELL LINE (MCF-7)

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### Key words:

MTT assay, MCF-7 cell line, *Gmelina asiatica*, Cytotoxicity, Growth inhibition

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**ABSTRACT:** The present study was taken to prove the cytotoxic effect of ethanolic extract of *Gmelina asiatica* leaf on human breast cancer cell line MCF-7. The *in vitro* cytotoxicity was evaluated by performing MTT assay. Cell morphological characteristics were observed by using phase contrast microscope. The results demonstrated in MCF-7 cancer cell lines treated with ethanolic extract of *G. asiatica* leaf showed the cell death which is dose dependent. Only 8.2 % of cell viability was observed at 1000µg/ml concentration of *G. asiatica* leaf extract. It is concluded that the ethanolic extract of *Gmelina asiatica* leaf can be used for the treatment of breast cancer.

**INTRODUCTION:** Cancer is a scourge afflicting disease to mankind from the time immemorial. Cancer diseases are characterized by a rapid and uncontrolled cellular growth, local tissue invasion and distant metastases<sup>1</sup> and the free radicals have been implicated in carcinogenesis<sup>2</sup>. Modern technology of present century, the treatment of cancer remains an enigma. It is a major public health burden in both developed and developing countries and the incidence of cancer is increasing annually<sup>3, 4</sup>. Medicinal plants have played an important role in the last half century in the treatment of cancer and secondary metabolites and their derivatives have been applied towards cancer. The antitumor agents are able to kill or inactivate tumor cells without damaging normal tissues.

Currently, plants derived anticancer drugs in regular clinical use for the cancer treatment. They are vinblastine and vincristine was isolated from *Catharanthus roseus* (Apocyanaceae) which is used for the treatment of a variety of cancer, including testicular, breast, lung cancers and Kaposi's sarcoma<sup>5, 6</sup>. The National Cancer Institute collected about 35,000 plant samples from 20 countries and has screened around 114,000 extracts for anticancer activity<sup>4</sup>. The screening of compounds with ten cancer cell lines (A-549, BEL-7402, BGC-823, SGC-7901, DU-145, HT-29, MCF-7, MDA-MB-231, U-251, B-16) where 324 compounds showed cytotoxicity against cancer cell lines<sup>7</sup>.

Breast cancer is the second most prevalent cancer and leading death in women<sup>8</sup>. Approximately one-third of the women with breast cancer developed metastases and ultimately died of the disease. MCF-7 is an estrogen receptor-positive human cancer cell line, which derived from a patient with metastatic breast cancer<sup>9</sup>. Growth of MCF-7 cells is inhibited by tumor necrosis factor (TNF alpha).

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Many plants are claimed to induce apoptosis in MCF-7 cells such as *Antrodia camphorate*<sup>10</sup> and *Gmelina asiatica*<sup>11</sup>. The goal of screening medicinal plant is to search for excellent anticancer agent avertable to human malignancies.

*Gmelina asiatica* L. (Syn: *Gmelina parvifolia* Roxb.), is a deciduous large sized bush or shrub, commonly growing to about 4 m to 6 m tall and much branched. The whole plant of *G. asiatica* is medicinally important and many reports claim to cure diseases according to the Indian traditional system of medicines<sup>12-19</sup>. The previous literature reviews showed that *G. asiatica* root possess potent antiproliferative activity against MCF-7 and MDA-MB-231 human breast cancer cell lines<sup>20</sup>. Experiments conducted by Merlin *et al.* (2010) in the petroleum ether, chloroform, ethyl acetate and ethanol extracts of *G. asiatica* aerial parts showed potent cytotoxicity activity<sup>11</sup>.

The chloroform extract of aerial parts of *G. asiatica* is effective against Dalton's Ascitic Lymphoma in Swiss Albino Mice was studied by Merlin and Parthasarathy (2010)<sup>21</sup>. The current study was undertaken with the objective to rationalize the cytotoxicity effect of ethanol extract of *G. asiatica* leaf on MCF-7 cell lines. The main aim of this research is to produce anticancer agent as well as the ability to prevent the growth of the breast cancer MCF-7 cell line.

## MATERIALS AND METHODS:

### Collection and sample preparation:

Leaves of *G. asiatica* were collected from Scott Christian College Campus, Nagercoil, Kanyakumari District, South Tamilnadu, India and identified using Gamble and Fisher<sup>22</sup>. The healthy mature leaves were freshly collected and rinsed thoroughly with tap water to remove extraneous contaminants and kept in shade at room temperature for about two weeks to dry. They were made into powder with the help of a mechanical grinder and sieved. Dried and powdered samples were subjected to soxhlet with ethanol until the solvent was colorless. The extracted solvent was collected and the extracts were evaporated under reduced pressure by rotary evaporator. The dried extracts were kept in the refrigerator at 4°C until use.

### Cell lines:

Cell lines were obtained from National Centre for Cell Sciences (NCCS), Pune. The cells were maintained in minimal essential medium (MEM) supplemented with 10% foetal bovine serum (FBS), penicillin (100 U/mL), and streptomycin (100 µg/mL). The cells were cultured at 37°C in a humidified atmosphere of 5% CO<sub>2</sub> incubator.

### Reagents:

Minimal Essential Media (MEM), foetal bovine serum (FBS), trypsin, Methyl thiazolyldiphenyl-tetrazolium bromide (MTT), Dimethyl sulfoxide (DMSO) and MCF-7 cells were purchased from Hi-Media & Sigma Aldrich, Mumbai.

### *In vitro* assay for cytotoxicity activity (MTT assay):

The anticancer activity of samples on MCF-7 was determined by the MTT assay<sup>23</sup>. MCF-7 Cells (1×10<sup>5</sup>/well) were plated in 0.2 mL of medium/well in 96-well plates. Then the plates were incubated 5% CO<sub>2</sub> incubator for 72 h. Then, various concentrations of the samples were added in 0.1% DMSO for 24 h 5% CO<sub>2</sub> incubator. After removal of the sample solution and washing with phosphate-buffered saline (pH 7.4), 20 µL/well (5 mg/mL) of 0.5% 3-(4,5-dimethyl-2-thiazolyl)-2,5-diphenyl-tetrazolium bromide (MTT) in phosphate-buffered saline solution was added. After 4 h of incubation, 1 mL of DMSO was added. Viable cells were determined by the absorbance at 540 nm. Measurements were performed and the concentration required for a 50% inhibition of viability (IC<sub>50</sub>) was determined graphically. The effect of the samples on the proliferation of MCF-7 cells was expressed as the % cell viability was calculated manually using the formula:

$$\% \text{ Cell viability} = \frac{\text{A540 of treated cells}}{\text{A540 of control cells}} \times 100\%$$

**RESULTS:** Cytotoxicity of *G. asiatica* leaf extract was assessed in the growth of MCF-7 cells (Human breast cancer cells) by MTT (3,4,5-dimethyl thiazole-2-yl)-5-diphenyltetrazolium bromide) assay, which is based on the reduction of MTT. The cytotoxic activity was investigated using MTT assay, and the human breast cancer cell line MCF-7 cells are treated at different concentrations (7.8,

15.6, 31.2, 62.5, 125, 250, 500 and 1000 $\mu\text{g/ml}^{-1}$ . The viability of the control was designated as 100% and the others were expressed as percent compared to the control. The results demonstrated a strong dose-dependent growth inhibition in treated cell lines. As concentration increases percentage of inhibition also increased (Fig. 2). Greater than 80% cell death was observed at 1000 $\mu\text{g/ml}$  concentration. However, a complete cell death was

not observed even at higher concentration of the sample. But the ethanolic extract of *G. asiatica* showed only 8.2% of viable cells was observed at 1000 $\mu\text{g/ml}$  concentration against the MCF-7 cancer cell line (Table 1 and Fig. 1). From these findings it is observed that the reduction noticed in the viable cells with the treatment of *G. asiatica* extract is due to cell death.

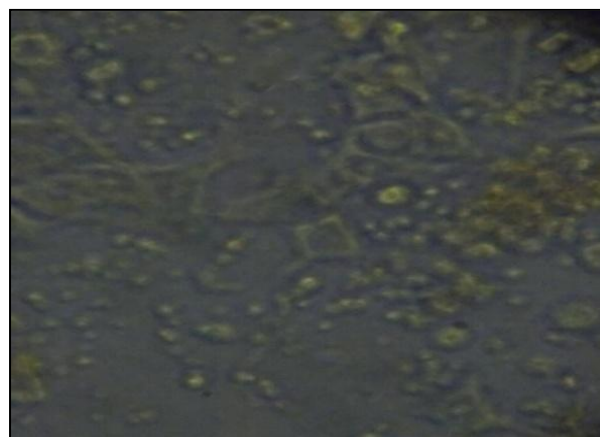
**TABLE 1: SURVIVAL RATE OF MCF-7 CELLS TREATED WITH ETHANOLIC EXTRACTS OF *GMELINA ASIATICA* AT THE CONCENTRATION OF 0-1000  $\mu\text{G/ML}$**

| S.No | Concentration $\mu\text{g/ml}$ | Dilution | Absorbance 540nm | % cell Viability |
|------|--------------------------------|----------|------------------|------------------|
| 1    | 1000                           | Neat     | 0.07             | 8.2              |
| 2    | 500                            | 1:1      | 0.12             | 14.1             |
| 3    | 250                            | 1:2      | 0.18             | 21.1             |
| 4    | 125                            | 1:4      | 0.23             | 27.0             |
| 5    | 62.5                           | 1:8      | 0.29             | 34.1             |
| 6    | 31.2                           | 1:16     | 0.35             | 41.1             |
| 7    | 15.6                           | 1:32     | 0.44             | 51.7             |
| 8    | 7.8                            | 1:64     | 0.49             | 57.6             |
| 9    | control                        | -        | 0.85             | 100              |

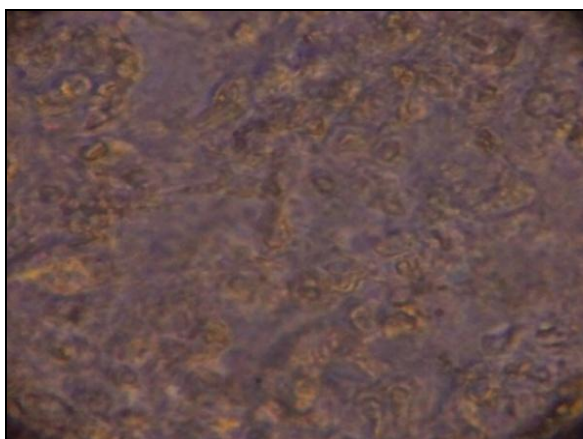
(a) 1000 $\mu\text{g}$



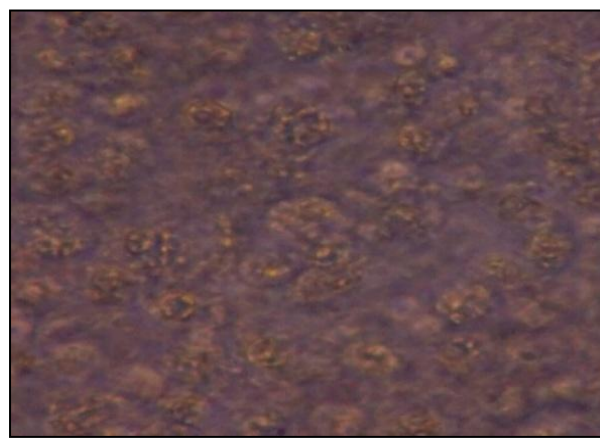
(b) 500 $\mu\text{g}$



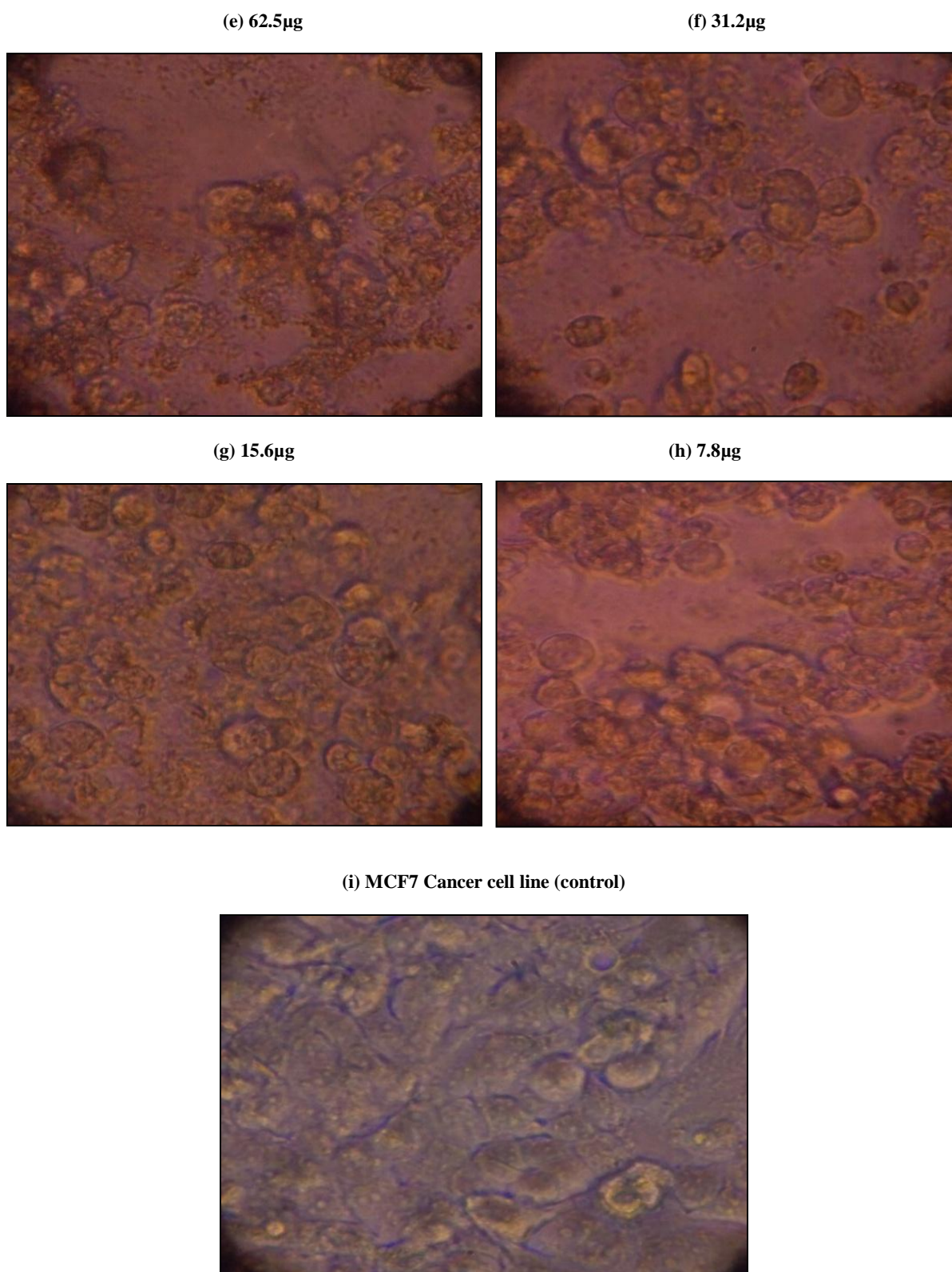
(c) 250  $\mu\text{g}$



(d) 125  $\mu\text{g}$







**FIG. 1: MORPHOLOGICAL CHARACTERISTICS OF MCF-7 CELLS VISUALIZED WITH A PHASE CONTRAST MICROSCOPE. MCF-7 CELLS WERE TREATED WITH ETHANOLIC EXTRACTS OF *GMELINA ASIATICA* LEAF AT DIFFERENT CONCENTRATIONS OF 0-1000 $\mu$ g/ml (a-h) AND CONTROL CELLS (i)**

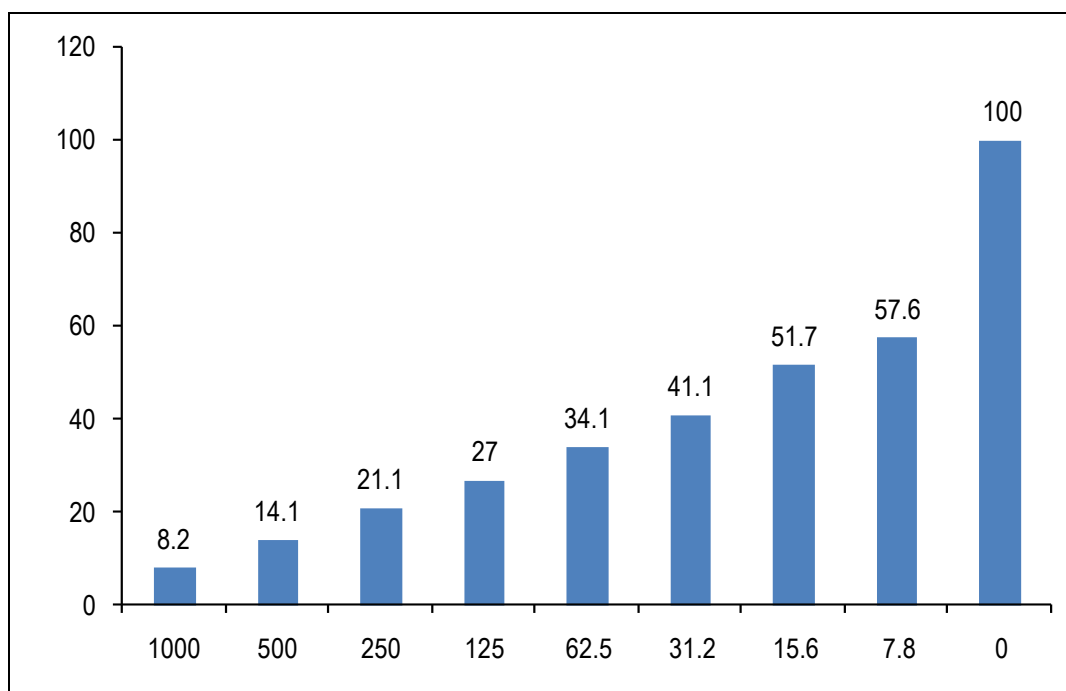


FIG. 2: EFFECT OF GMELINA ASIATICA LEAF EXTRACT ON CELL VIABILITY. MCF-7 CELLS WERE TREATED WITH 0 - 1000µG/ML OF GMELINA ASIATICA.

**DISCUSSION:** Agents capable of inhibiting cell proliferation, inducing apoptosis or modulating signal transduction are currently used for the treatment of cancer<sup>24</sup>. The use of multiple chemo preventive agents or agents with multiple targets on cancer cells are considered to be more effective in cancer treatment<sup>25</sup>. Breast cancer is the most common malignancy among women.

MCF-7 cell has become a prominent model system for the study of breast cancer as it relates to the susceptibility of the cells to apoptosis. Despite the fact that many tumors initially respond to chemotherapy, breast cancer cells can subsequently survive and gain resistance to the treatment<sup>26</sup>.

In the present study, the effects of ethanol extracts of *G. asiatica* leaf had high anticancer activity as evidenced from the MTT assay in a concentration dependent manner. The ethanol extract of *G. asiatica* showed notable cell death against the MCF-7 cancer cell line (**Table. 1**). Previous studies have highlighted the importance of anticancer effects plant in the bioactive compounds like flavonoids, phenols, phytosterols and also fatty esters such as n-dodecanoic acid, 9,12,15-octadecatrienoic acid, stigmasterol, (breast cancer preventive) and vitamin E from plant derivatives<sup>27-29</sup> which has been confirmed in the present study.

Balijapalli *et al.* (2010) investigated the ethyl acetate extract from *G. asiatica* roots as antiproliferative agents on human breast cancer cells (MCF-7) which was due to the presence of lignins and flavonoids<sup>20</sup>. Merlin and Parthasarathy (2010) and Merlin *et al.* (2010) have investigated that the chloroform extract of aerial parts of *G. asiatica* possess potential anticancer activity in caspase 3 deficient breast cancer cell line MCF-7<sup>21, 11</sup>. The chloroform extract of 50µg/ml significantly increased the percentage of cells with condensed nuclei when compared to other solvents<sup>30</sup>.

**CONCLUSION:** The present investigations provide important information that ethanolic extract of *G. asiatica* leaf is considered to have potent cytotoxic activity against MCF-7 cells. The outcome of the present study encourages to carrying out further studies to be extended for other cell lines and *in vivo* cytotoxicity investigations are required to identify anticancer activity.

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